



Hours:

Monday - Friday: 10:00 a.m. to 9:30 p.m.
Saturday - Sunday: 10:00 a.m. to 5:00 p.m.

Individual & Private Party
Reservations Accepted

▶ Appetizers ◀

♥ Lite Garden Plate \$3.95
An assortment of raw vegetables served with Fat Free Ranch or Raspberry Vinegarette.

Potato Skins

Veggie-Kins: Marinated Broccoli, Cauliflower, Carrots & Cheddar Cheese. \$5.75
Chicken: Marinated Chicken, Tomatoes, Mushrooms & Cheddar Cheese. \$5.95
Cheese-Kins: Monterey Jack & Cheddar Cheeses, Bacon & Tomatoes. \$5.50

SantaFe Spring Rolls \$6.25
Stuffed with Chicken, Spinach, Cilantro, Kernel Corn and Monterey Jack Cheese. Served with Salsa, Sour Cream or Guacamole.

Chicken Tenders \$4.95
Fresh Chicken Tenders, battered and fried served with Honey Mustard or Barbecue Sauce.

Mozzarella Sticks \$4.95
Sticks of Mozzarella Cheese coated with a Seasoned Breading & Deep Fried. Served with Marinara Sauce.

Chips & Salsa \$2.50
Fresh Tortilla Chips served with Salsa.

Chicken Nachos \$7.25
Mound of Fresh Corn Tortilla Chips with Diced Grilled Chicken Breast, Cheddar Cheese, Guacamole, Tomatoes, Black Olives, Sour Cream, Jalapeños & Salsa.

Soup of the Day cup \$1.95; bowl \$2.95
See your Server for Details on Homemade Soup.

▶ Salads ◀

Vinegar & Oil, Italian, Ranch, Thousand Island, Blue Cheese, Sweet & Sour, French, Peppercorn Ranch, Caesar, Lite Italian

♥ Fat Free French, ♥ Fat Free Ranch
♥ Fat Free Honey Mustard, ♥ Raspberry Vinegarette

♥ House Salad \$2.35
Mixed Greens together with Cucumber, Tomatoes & Matchstick Carrots. Served with hot Pita Bread.

♥ Cottage Cheese, Tomatoes and Fruit \$4.50
Low fat Cottage Cheese, Garden fresh Tomatoes and a Fruit Cup.
With a scoop of tuna or chicken salad \$5.95

Chef Salad \$5.75
Fresh Salad Greens with Julienned Turkey, Lean Ham, Shredded Cheddar & Mozzarella Cheeses, garnished with Tomato Wedges, Zucchini & Hard Boiled Egg. Served with hot Pita Bread.

Oriental Salad \$6.75
Marinated Grilled Chicken Breast served on top of Mixed Greens with Cheddar & Mozzarella Cheese, Diced Tomatoes, Matchstick Carrots, Snow Peas, Almonds & Mandarin Oranges. Served with hot Pita Bread.

Chicken & Grape Chef Salad \$5.95
Fresh Salad Greens with Chicken & Grape Salad, Cheddar & Mozzarella Cheeses. Garnished with Tomato Wedges, Carrots & Hard Boiled Eggs. Served with hot Pita Bread.

Tuna Chef Salad \$5.75
Fresh Salad Greens with Tuna Salad, Cheddar & Mozzarella Cheese. Garnished with Tomato Wedges, Carrots & Hard Boiled Eggs. Served with hot Pita Bread.

Greek Salad \$5.75
Fresh Salad Greens topped with Tomato Wedges, Onions and Feta Cheese. Served with Hot Pita Bread and our Homemade Greek Dressing.
Add Grilled or Blackened Chicken, or Grilled Gyro Meat .. \$6.95

Cobb Salad \$6.95
Bands of Chilled Charbroiled Chicken, Crisp Bacon, Avocado, Cheddar Cheese, Hard Boiled Egg, Black Olives, Tomatoes, Alfalfa Sprouts on a mound of Salad Greens. Served with hot Pita Bread.

♥ Garden Medley Mix \$5.75
Cauliflower, Broccoli & Carrots served on a Bed of Mixed Greens. Served Hot (Steamed) or Cold. Served with hot Pita Bread.
With Melted Cheese \$6.25

Grilled Chicken Salad \$6.75
Grilled Chicken Breast served on top of Salad Greens, Diced Tomatoes, Sauted Onions, Mushrooms & Cheddar Cheese. Served with hot Pita Bread.

Chicken & Grape Salad \$4.50
Made from scratch. Served on a bed of Mixed Greens, Carrot Sticks, Cucumbers & Tomatoes. Served with Crackers.

Tuna Salad \$4.50
Served on a bed of Mixed Greens, Hard Boiled Egg, Tomato Wedge & Carrot Sticks. Served with Crackers.

SantaFe Salad \$6.95
Crisp Garden Salad topped with Grilled Chicken, Cheddar Cheese, Onions, Tomatoes, Salsa, Sour Cream, Guacamole, Jalapeños & Tortilla Chips.

Smaller Salad Versions Available \$1.00 Off

♥ Items prepared with your heart in mind. Lower in fat & cholesterol. • ♥ Vegetarian Items.

► Children's Menu ◀

For Children 12 and Under

Hot Dog, Fries & Soft Drink	\$3.95
Hamburger, Fries & Soft Drink	\$3.95
Chicken Tenders, Fries & Soft Drink	\$3.95
Grilled Cheese, Fries & Soft Drink	\$3.95
Peanut Butter & Jelly, Fries & Soft Drink	\$3.95
Mac & Cheese Bites, ABC Taters & Soft Drink ...	\$3.95

► Side Items ◀

French Fries	\$1.75
Baked Potato	\$2.00
Fresh Fruit Bowl	\$3.25
Pita Bread	\$1.00
Onion Rings	\$2.00
Fresh Steamed Vegetables	\$2.25
Cottage Cheese	\$1.75
Pasta Salad	\$2.00
Cole Slaw	\$1.75
Potato Salad	\$1.75
Breaded Mushrooms	\$2.00

► Dessert ◀

Daily Dessert Specials	\$2.95
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Ask for Details

► Beverages ◀

Coffee (Free Refills -Dine-In Only)	\$1.00
Hot Tea	\$1.00
Coke, Diet Coke, Sprite, (Free Refills -Dine-In Only)	
Root Beer, Orange	\$1.00
Powerade	16 oz. bottle; \$1.25
Apple or Orange Juice	16 oz. bottle; \$1.25
Milk (2%) 12 oz.	\$1.25
YooHoo (Chocolate)	16 oz. bottle; \$1.25
Iced Tea	\$1.00
Lemonade	\$1.00
Hot Chocolate	\$1.00

► Selected Beers ◀

Domestic	\$2.50
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Coors Light • Bud • Bud Lite • Michelob Lite
Miller Lite • Sam Adams • Rolling Rock
O'Douls, non alcoholic • Sharps, non alcoholic • Zima

Premium	\$3.00
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Heineken - Holland • Amstel Light - Holland • Corona - Mexico
Molson Ice - Canada • Fosters - Australia • Becks or Becks Lite - Germany
Bass Pale Ale - England • Labatts - Canada • Killian's Red - Ireland

Draught: Pitcher	\$5.75
Mug (16 oz.)	\$1.95
Mug (22 oz.)	\$2.75

Miller Lite

House Wines: Bottle - 7 oz.	\$3.25
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Merlot • Chardoney • Cabernet • White Zinfandel

Wine Coolers:	\$3.25
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Seagram's Wild Berries • Strawberry Diaquiri • Wild Black Cherry